

Added Bonus

A New Adult B'nai Mitzvah Class will Begin in October

Have you always wanted to become Bar/Bat Mitzvah? Don't miss this opportunity to learn how to read the prayers, discover what those prayers mean, explore your relationship with God, learn about the Torah, Tanach all of our Holidays and more. Come and be a part of this wonderful class that will culminate with a group B'nai Mitzvah. Teachers will include Rabbi Straus, Nancy Federman, Marcy Goldberg and our Rabbinic Intern.

Contact Marcy at 805-497-0361 or email MARCY for more information and to add your name to the class list.

TAE Retreat at Brandeis-Bardin

Celebrate Shabbat with the whole community

January 13-15, 2017

Don't miss this amazing weekend!

All families are invited.

Delicious food, Shabbat celebration, Scholar in Residence; Rabbi Alan Greenbaum Mahjong, Study sessions, Drum circle, Nature hikes and so much more fun...

Contact TAE office at 805-497-7101 to register!

"... May it be my custom to go outdoors each day among the trees and grasses among all growing things and there may I be alone, and enter into prayer to talk with the one that I belong to.

-Nachman of Breslov

Music Programs

The TAE Chorale

One of the original groups in our musical family, our all-member chorale learns and performs music that spans many generations of Jewish history. Under the direction of Stephanie Streja, our chorale leads services along with our Band of Milk and Honey on the fourth Friday of each month as well as participating in our High Holy Days Services.

The Band of Milk and Honey

This all-member instrumental ensemble performs over 200 pieces of music, specially arranged, ranging from Klezmer to Gospel, traditional to contemporary. The Band participates with the TAE chorale on the fourth Friday of each month as well as at High Holy Days services, Shabbat Shira and community events. Together with our chorale, they have helped to define the unique sound that represents TAE.

The TAE Symphony

This all-member orchestra plays for special events within our community. Playing classic orchestral literature as well as Jewish classics and new pieces, this multigenerational orchestra plays music specially arranged for them, creating a unique sound not duplicated in any other synagogue.

Early Childhood Center

ECC Mishpaha Presents: A Parent Education Series

Do you worry whether the food your children are eating is good or bad for them? Do you wonder if you are discipline your child properly? Is the internet dangerous for your child? Are you truly aware of what happens (or could happen) at your neighbor's or relatives house? Do you despise spring cleaning and organizing?

Over the course of the school year, we welcome experts in each of these subjects, sharing their wisdom and expertise:

Bette Alkazian, MFT; Lori Getz (famed cyber expert); Dr. Tanya Altmann (pediatrician and writer for American Academy of Pediatrics; Beth Saltz, RD; Pattie Fitzgerald of Safely Ever After and Mikki Soliday of Devine Order (guru in all things organized).

Contact Sarah Epstein at sepstein25@gmail.com for more information.



Temple
Adat Elohim

CELEBRATING
50 YEARS

Learn. Grow. Connect.

Adult Enrichment 2016-2017 5777



Talmud Torah
Life-long Learning

Torah and Talmud Study

TAE offers several weekly opportunities to stretch your knowledge and understanding of our sacred texts:

Men's Torah Study

Mondays 7:00-8:00 pm

Shabbat Talmud Study

Saturdays 8:00 – 8:45am

Women's Torah Study

Thursdays 10:30am-12:00pm

Shabbat Torah Study

Saturdays 8:45-9:30am

Temple Adat Elohim
2420 E. Hillcrest Drive
Thousand Oaks, CA 91362
805-495-6971 FAX 805-495-6971
E-Mail office@adatelohim.com
Web: www.adatelohim.org

Adult Enrichment 2016-2017

Mussar- Soul Journey

Spiritual Truths are not so much learned as recalled. Some ideas that we encounter, even if for the first time, don't strike us as new information but more like memories being reawakened within us. Our hearts innately possess these truths and so we don't need lessons, only reminders of wisdom that we already know.

Alan Morinis, The Mussar Institute
www.mussarinstitute.org

Fee: \$136.00 per Season

Seasons of Mussar I

Tuesday evenings
7:00-9:00PM

Facilitators:
Richard Jackman
Michele Jackman
January 24
February 7,21
March 7,21
April 4,18

Register with Michele at
mmjinc@aol.com

Women's Seasons of Mussar I

Wednesday mornings
9:30-11:00AM

Facilitator
Marcy Goldberg
January 27
February 10, 24
March 9,23,29
April 6,18

Register with Marcy at
mgoldberg@adatelohim.com

Seasons of Mussar II

Tuesday evenings
7:00-9:00PM

Facilitator:
Sandy Greenstein
January 3,17,31
February 4,28
March 14,28
April 4

Register with Sandy at
sandy@grnstn.com

Brotherhood

TAE BROTHERHOOD BAGEL BRUNCHES

9:15 - 11:00AM

Bagels, lox, herring, and all the fixins'
and schmoozing you can handle

September 11, 2016

With Rabbi Andrew Straus on the High Holy Days
(1st of three classes)

October 16, 2016

Dr. Shira Efron of RAND on the Israel-Palestinian situation

December 18, 2016

Dr. Gabriel Vajente of Cal Tech on gravitational waves

January 22, 2017

Dr. Beau Kilmer of RAND on marijuana legalization issues

March 19, 2017

Our own Mark Philips on his new book, *Trials of the Century*
April 30, 2017

Our own Cantor David Shukiar reflecting on his ten years at TAE

**Suggested Donation: \$5 per person*

Please RSVP to Bob Salfi at RSalfi@alumni.stevens-tech.edu

Living The Balanced Life:

For Women Only

Led by Michelle Princenthal

Fill your heart and enrich your soul as we draw from a diverse inspirational well, exploring ways to enhance life experiences. The use of music, art, mindfulness practices, and Mussar are modalities used for drawing our awareness to how we navigate our lives with the intention of creating greater balance and wholeness as we

go on our way.

Contact Michelle at

Michellefp@hotmail.com

Tuesdays

(every other)

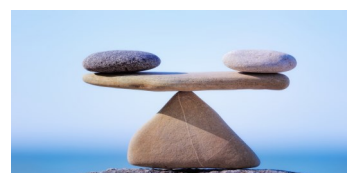
9:30 - 11:00AM

TAE Youth Lounge

Fee: \$140

This class is for continuing participants from our last session and all new participants who would like to join us. No previous experience is necessary.

Starting in January 2017



Sisterhood

TAE SISTERHOOD PROGRAMMING

Book Groups

(3 evening, 1 daytime)

If you are interested in joining a Sisterhood Book Group, please contact Judy Levine at 805-492-7755 or jslevine1@verizon.net

Movie Group

Meets the second Tuesday of the month at 7:00pm in the TAE Library, to discuss the movie of the month. For information, contact **Barbara Peifer** at barbsgr88@aol.com (805) 498-0421
Judy Watson at judyw1416@gmail.com (805) 418-7226

Rosh Chodesh Gatherings

Women 13 and over are invited to welcome the new moon and the new month at our award-winning *Rosh Chodesh* program. Learn, discuss, meet friends - old and new - and enjoy a nosh. RSVPs are a must by the Friday prior! Off-site locations.

Please RSVP to **Helene Cohen** at helene.lifebound@gmail.com.



Here is this year's schedule:

Monday, December 5 at 7:30pm - Kislev

Sunday, March 26 at 9:30am - Nisan

Monday, June 26 at 7:30pm - Tammuz

Sunday, February 19 at 9:00am

Sisterhood Spirituality Day

Enjoy a day to connect with others and reconnect with yourself. More information coming.

Monday, April 13 at 6:15pm

Women's Seder: We will celebrate Passover, highlighting the role women played in our Jewish history.